



Roughing It Horse Program Policies

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Welcome to Roughing It Horse Programs!

At Roughing It, we believe in encouraging each camper to grow as an individual in an atmosphere that is both challenging and fun.

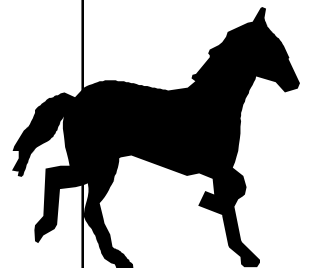
"A complete horsemanship program for riders of all levels designed to develop skills, co-ordination and self-confidence."

General Camp Rules

1. *Be considerate of others in what you say and do.*
2. *Cooperate with other campers and be supportive of one another.*
3. *Follow the instructions and directions of the Staff.*
4. *Stay with your camper group and do not wander off.*
5. *Gum is a safety hazard and is not allowed at camp.*
6. *Leave sticks and rocks on the ground where they belong.*
7. *Tread lightly upon the earth - Be considerate of the environment.*
8. *Leave your shoes on except when your counselor says you may go barefoot.*
9. *We do not allow campers to bring guests to camp.*
10. *Campers should dress to be outdoors all day. Expensive designer clothes, dangling or heavy earrings (they catch), and make-up are not needed or appropriate at camp.*

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Locations



Horse Day Camp and **Ranch Day Camp** are located in Moraga at our riding site, the same location we use for riding at our regular Day Camp. The site is located near St. Mary's College. Our facilities include outdoor arenas, a tack room, covered picnic areas, and trails. The program is outdoors ALL DAY. Campers are under the supervision of our adult counselors and staff. Because the site is on a private road, our use permit allows only authorized Roughing It vehicles to drive to the site. Parents will have a chance to see the site and their camper ride at our Horse Shows.

Trail and Western riding will also be available to our Roughing It Day campers, 5th grade and older. Each camper group will attend one riding period weekly, as well as 2 hour rides for Super Choice.

Note: For both Horse Day Camp and Ranch Camp, see your Summer schedule for session dates.

Hello Horse Camp Pick-up & Drop-off

Hello Horse Camp, Roughing It's 1-week afternoon beginner riding program is located at our Moraga Riding site, the same location as our Horse and Ranch Camps.

Due to our lease permit, parents are unable to drive their camper directly to the site.



Communication Between Parents and Camp

We encourage parents to call the camp office at **925/283-3795** with any of their questions, concerns, or suggestions. At Roughing It, we welcome the opportunity to talk with parents and get to know our camper families better so we can work as a team to make camp the most positive experience possible.

ABSENCE

A parent or caretaker needs to inform the camp by 7:00 a.m. if a camper is unable to attend camp that day. This way, we can inform the bus driver not to wait at the bus stop.

If a camper is absent without a prior call or note from you, our office will contact you to check on the unexpected absence.

Please help our organization by informing us if your camper will be absent from camp.

ILLNESS

If your child has a cold but is well enough to be outside with other youngsters, you may send him/her to camp, but please inform the office of your child's condition. There is no refund for days of camp missed due to illness.

EMERGENCY

In the event that we are unable to take your child to your own physician, we have made prior arrangements to take him/her to: Dr. Peter Sheaff in Lafayette or Dr. Tracy Trotter in Danville.

1. Our camp phone is staffed from 7:00 am-6:30 pm. The directors of Horse Day Camp, Ranch Camp, or Hello Horse Camp, who are responsible for parent relations for their Horse Program activities, are happy to speak with you as are any of the Horse Day Camp counselors or staff members.
2. Ann and Hobie are always available should you wish to speak directly with them.
3. If you call after camp hours, we have voice mail and will relay your message to the proper administrator.





Bus Information

Locations and Times

For **Ranch Day Camp** and **Horse Day Camp**, bus service is provided from central locations in San Francisco, the East Bay, and Contra Costa County. The bus picks up between 8:00 and 9:00 and drops off 3:00 to 4:00. Exact times will be emailed to families the week before the start of the session.

For campers enrolled in **Hello Horse Camp**, transportation is provided at a central location in Lafayette. Information about the location of the shuttle site can be found on our website. The shuttle leaves for the riding site at

2:15pm and returns at 5:15pm. Please be on time, as the bus is unable to make a second run for late campers.

Designated Person

The camp requires that a designated person be at the pick-up spot at the time of delivery of your camper. Campers eight years and older whose parents have checked the "Permission for an Unsupervised Drop-Off" box on the camper application may be dropped off unattended.

Changing Buses

It is not possible for campers to switch buses and go home with a friend on a different bus because of the difficulty of scheduling and safely supervising such changes. Each camper is assigned one bus stop and one bus. Campers may change buses or bus-stops prior to a session beginning, but not during a session.

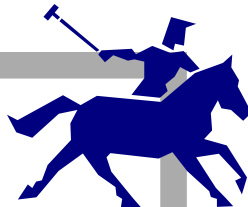
It is possible for campers to change bus stops in the p.m. by attending CampPlus. CampPlus campers can designate a different bus stop from their regular schedule. This choice can be made on the

General Bus Rules

1. *Sit facing the front with your feet on the ground.*
2. *Wear a seat belt at all times.*
3. *Keep your hands to yourself and be helpful to others.*
4. *Use considerate language.*
5. *Be an enthusiastic and active participant.*
6. *Use low voices in the bus.*
7. *Follow the staff's instructions.*
8. *No eating or drinking on the bus.*
9. *Sharp objects like pencils are not appropriate to have out on the bus.*
10. *Radios are not allowed at camp.*
11. *Failure to follow the bus rules could result in a camper losing the privilege to ride the bus.*
12. *Lock your seat belt buckles together after you get up from your seat to exit.*



What to Wear to Camp



- Pack a sweatshirt in your day pack as mornings can be cold.
- Horse Day Camp** (*English riding*): Campers should wear t-shirts, shorts or long pants and tennis shoes. Full-day Horse Day Camp campers, when riding in saddles, need to wear boots or flat soled shoes with heels.
- Ranch Camp** (*Western riding*): Campers need to wear long pants and boots because they will ride in Western saddles.
- Half Day Campers:** Campers should wear t-shirts, and long pants and tennis shoes.

Please Have Camper's Name Clearly Marked on All Belongings!

Help us to return your camper's belongings by clearly marking all personal items, *especially* Roughing It clothing. Please...For safety reasons, no personal items other than the above.

Snack & Lunch Tips

We appreciate parents keeping snacks and lunches nutritious. Include enough lunch so that your youngster has something extra for a mid-morning snack. Natural juices that come in containers or boxes are the easiest beverage to bring. We also recommend a refillable water bottle!

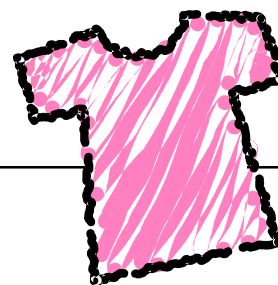
What to Bring to Camp



1. **Lunch and beverage** and a **healthy snack** in a paper sack for full day campers. A **healthy snack** in a paper sack for half day campers.
2. **Day Pack** to carry the above items and anything else needed.
3. **Sweatshirt** on cool mornings — Coat, gloves and/or raingear on colder mornings.
4. A **hat** for protection from the sun. Include a bottle of **sunscreen** if your camper sunburns easily.
5. Small plastic **water bottle** should be included.
6. **Helmets** are provided. However, campers may bring their own if the helmet is ASTM and SEI certified.

What Not to Bring to Camp

Please do not bring any personal items such as watches, stuffed animals, toys, electronic games, or tape/CD players. Campers will have a great time just bringing themselves.



Items That Can Be Purchased from Roughing It

T-Shirts \$10.00

Children's Sizes:

S (6-8), M (10-12),
L (14-16)

Adult Sizes:

S (34-36), M (38-40),
L (42-44)

Sweatshirts \$20.00

(hooded)

Same sizes as above

Hats

One size fits all

Baseball style Navy Blue
Dark Green,
Khaki \$15.00



All items may be obtained at the Camp Open House on the Thursday before the first Session begins, or you can call, mail or fax your order into the office. We recommend that families make their purchases before the start of their camper's first day because we occasionally run out of popular items.

